

Weekly Beginning Monday: 2/11/2019

Weekly Group Schedule

Mon	Tues	Wed	Thurs	Fri
Gambling Education 7:00 am Cedar Room	Chronic Pain and Opioids 6:00 am Cedar Room	Art/ Social Skills 7:00 am Cedar Room	Why am I here? 6:00 am Cedar Room	Relapse Prevention Week 8 7:00 am Cedar Room
Anger Management Seession 4 8:00 am Cedar Room				
PPW Closed Group 9:00 am	Seeking Safety 7:00 am Cedar Room	Communication Styles 8:00 am Cedar Room	Women's Talking Circle 7:00 am Cedar Room Men's Support Group 7:00 am Spruce Room	Recovery Support Group 8:00 am Cedar Room
Opiates Education 9:00 am Cedar Room	Stages of Grief 8:00am Cedar Room	MRT 7AM SALAL ROOM (CLOSED GROUP)	S.V.E.A 8:00 am Cedar Room	Counselor Choice 10:00 Cedar Room
Anger Management Session 11 & 12 11:00 Cedar Room	Seeking Saftey 9:00 am Cedar/Salal	Relapse Prevention Week 8 9:00 am Spruce Room	Stages of Change 9:00 am Cedar/Salal & Spruce Room if Needed	
Balance in Recovery/ Medicine Wheel 2:00 pm Cedar Room MRT Closed Group 2:00 pm Spruce	Art/ Social Skills 10:00 am Cedar Room	Relapse Prevention Week 8 11:00am Cedar Room	DBT 10:00am Cedar Room	
Relapse Prevention Week 7 3:00 pm Cedar Room			Refusal Skills/ Relapse Prevetnion Planning 2:00 pm Cedar Room Seeking Safety 3:00 pm Cedar Room	